



Welfare Policy

The CUIHC is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that it is important that members, coaches, and administrators associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with the Club's President or Welfare Officer.

CUIHC is committed to supporting students who are experiencing personal, emotional or mental health problems. If members are feeling stressed, anxious, depressed or are concerned about your mental or emotional wellbeing, they can contact our Welfare Officer.

When appropriate the Welfare Officer will signpost students to other health and welfare providers such as GP, local Mental Health Services, University Disability Resource Centre, University Counselling Service, College Nurse, or College Counsellor.

The Welfare Officer will treat any personal or sensitive information in confidence, only sharing what is helpful and necessary with the student's consent on a 'need to know' basis. In a situation where it is considered that a student may be at serious risk to themselves or others, confidentiality may be extended without consent.

Further tasks of Welfare officer

- (a) Implement the club's reporting and recording procedures.
- (b) Promote the club's best practice guidance/code of conducts within the club.
- (c) Ensure appropriate confidentiality is maintained.
- (d) Promote anti-discriminatory practice and the absolute respect of the Club's equity statement.